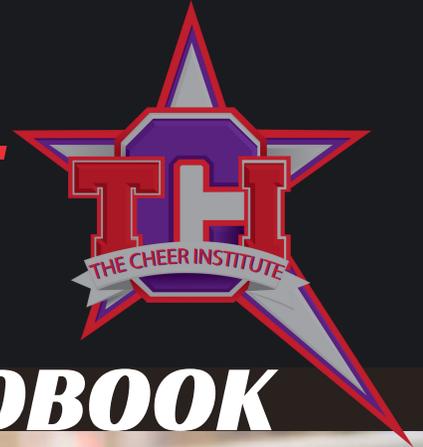


23-24

THE CHEER INSTITUTE



TUMBLE PROGRAM HANDBOOK



WE ARE TCI!!

ABOUT US



"THE CHEER INSTITUTE, BUILDING GREAT ATHLETES ON AND OFF THE MAT"

Thank you for showing interest in The Cheer Institute Tumble Program. We opened in 2015 with a reputation for excellence and are excited that you are considering joining classes. No matter the age or skill level of your child, we have a class that can meet your needs!

NEW THIS YEAR!

- New this year! We will continue to have our Prek and beginner classes and will add intermediate/advanced! We are excited to announce that we will be making tumble progress reports available at the end of each session to help track your athletes progress.
- Daytime and morning sessions will be available over the summer and during school breaks.

NEW AND IMPROVED THIS YEAR

- Payment options to meet everyone's needs
- Loyalty and Family Discounts
- Potential Ohio Ace Scholarships for qualified Services



"MY GRANDDAUGHTER HAS BEEN GOING TO TCI FOR 5 YEARS. IT HAS TAUGHT HER THE VALUE OF BEING A HARDWORKING AND POSITIVE ATHLETE, AND GAIN THE ABILITY TO LISTEN TO HER INSTRUCTORS SO SHE CAN DO THE SKILLS SHE NEEDS PROPERLY. I HAVE NOTHING BUT POSITIVE THINGS TO SAY ABOUT THE TCI PROGRAM. I TRULY FEEL LIKE ALL ATHLETES MATTER, ARE CHALLENGED, AND IMPROVE THROUGHOUT EACH SESSION. IF YOU ARE LOOKING FOR A POSITIVE ENVIRONMENT FOR YOUR CHILD THIS IS THE PLACE TO BE ❤️❤️"

----C.KENNEY

PROGRAM COMPARISON



We offer a variety of programs to meet your needs

	PreK	Beginner	Intermediate/ Advanced	Privates
Sessions	6 week Sessions	6 week Sessions	6 week Sessions	4 sessions
Practices	45minute class, once per week	(1) hour class, once per week	(1) hour class, once per week	30-60 minute sessions once per week
Attire	Athletic Clothing, water bottle	Athletic Clothing, water bottle	Athletic Clothing, water bottle	Athletic Clothing, water bottle
Breaks	1 week Break after 6 week sessions	1 week Break after 6 week sessions	1 week Break after 6 week sessions	Breaks vary by athlete
Additional Info	<ul style="list-style-type: none"> ages 3-5 	<ul style="list-style-type: none"> ages 5-18 	<ul style="list-style-type: none"> ages 5-18 	<ul style="list-style-type: none"> ages 5-18

PROGRAM LEVELS



SKILLS BY LEVEL :

Level	PreK/Beginner	Intermediate/Advanced
<p>Level 1</p> <p>Key-</p> <ul style="list-style-type: none"> • FWO= Front Walkover • BWO- Back Walkover 	<p>Standing-</p> <ul style="list-style-type: none"> • Forward Roll • Front Walkover • Back Walkover, BWO Switch • valdez <p>Running-</p> <ul style="list-style-type: none"> • Cartwheel • Round Off • Cartwheel Back Walkover 	<p>Standing-</p> <ul style="list-style-type: none"> • Back Extension roll, 2 BWO • Valdez • Handstand Rollout <p>Running-</p> <ul style="list-style-type: none"> • FWO Cartwheel- BWO- Switch Leg
<p>Level 2</p> <p>Key-</p> <ul style="list-style-type: none"> • BHS= Back Handspring 	<p>Standing-</p> <ul style="list-style-type: none"> • BWO BHS • BWO BHS Step Out BWO <p>Running-</p> <ul style="list-style-type: none"> • Round Off 2 BHS • FWO Round Off 2 BHS • Front Handspring 	<p>Standing-</p> <ul style="list-style-type: none"> • BWO Switch Leg BHS • BHS Stepout BWO BHS <p>Running-</p> <ul style="list-style-type: none"> • Round Off BHS Step Out- BWO BHS BHS • Front Walkover Round Off 3 BHS • Cartwheel BHS
<p>Level 3</p> <p>Key-</p> <ul style="list-style-type: none"> • FWO= Front Walkover • BWO- Back Walkover • PH - Power Hurdle 	<p>Standing-</p> <ul style="list-style-type: none"> • Jump BHS BHS • 3 BHS <p>Running-</p> <ul style="list-style-type: none"> • PH Round Off 2 BHS Tuck • FWO Round Off BHS Tuck 	<p>Standing-</p> <ul style="list-style-type: none"> • Jump 3 BHS • BHS Step Out BWO BHS Series <p>Running-</p> <ul style="list-style-type: none"> • Round Off BHS Step Out 1/2 Turn Round off BHS Tuck or Round Off Tuck • Front Walkover Aerial • Punch Front

PROGRAM LEVELS



SKILLS BY LEVEL :

Level		
<p>Level 4</p> <p>Key-</p> <ul style="list-style-type: none"> • PF= Punch Front 	<p>Standing-</p> <ul style="list-style-type: none"> • BHS BHS Tuck • BWO Tuck <p>Running-</p> <ul style="list-style-type: none"> • FWO Round Off BHS Layout • Round Off BHS Layout 	<p>Standing-</p> <ul style="list-style-type: none"> • Jump BHS Tuck • BHS Tuck <p>Running-</p> <ul style="list-style-type: none"> • PF thru to Layout • Round Off Whip BHS Layout • Cartwheel Tuck
<p>Level 5</p>	<p>Standing-</p> <ul style="list-style-type: none"> • BHS BHS Layout • Jump Tuck <p>Running-</p> <ul style="list-style-type: none"> • Round Off BHS Full • Round Off Arabian 	<p>Standing-</p> <ul style="list-style-type: none"> • BHS Whip Tuck • BHS Layout <p>Running-</p> <ul style="list-style-type: none"> • FP to Full • Front Full
<p>Level 6</p> <p>Key-</p> <ul style="list-style-type: none"> • SF= Standing Full • FHS= Front Handspring 	<p>Standing-</p> <ul style="list-style-type: none"> • BHS BHS Full • BHS Full • SF • Jump BHS BHS Full • Cart Off Full 	<p>Running-</p> <ul style="list-style-type: none"> • Round Off BHS Double • Round Off Double • FHS FP to Full/Double • Arabian to Full/Double • FP to Full/Double • Full thru to Full/Double • Whip thru to Full/Double
<p>Other Skills:</p> <p>Jumps</p> <p>Stunting position</p> <p>Dance</p>		

FINANCIAL



TUITION

Class Tuition is due on or before the 1st class of the session. Tuition is paid on a 6 week cycle if athletes are enrolled for classes. Tuition covers (1) class each week with 1 make up per session. Discounts apply for siblings. Tuition can be paid via the parent portal, cash, check, cash app, or zelle. We accept all major credit cards.

PreK: Fundamentals

- \$99 per session
- \$55 one time Registration

Beginner: Walkover classes

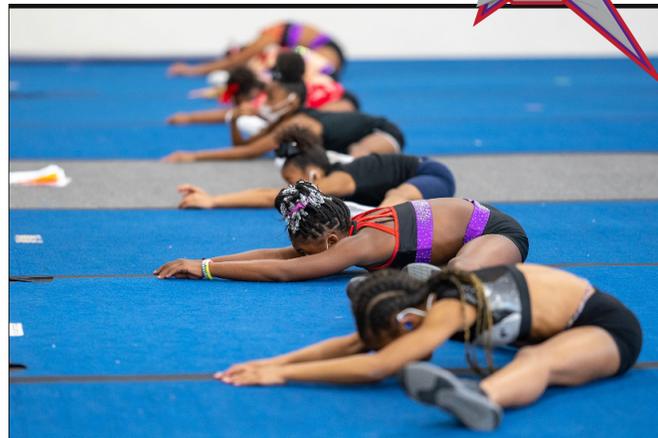
- \$135 per session
- \$55 one time Registration

Intermediate/Advanced: Handspring/tuck & Up classes

- \$135 per session
- \$55 One Time Registration

Privates: \$35-\$280 per (4) classes included

Small group/Home School Classes: \$55 per athlete



DISCOUNTS AND SAVINGS:

- Limit one discount per athlete
- Siblings will receive \$15 off of their second child and \$25 off of their 3rd child's tuition
- Loyalty discount of 10% off tuition is available after athletes have completed more than 3 sessions with us!





LET'S GET IN THE KNOW!

How do I register for classes?

To participate in ANY class, ALL class reservations must be placed in advanced (same day available, within two hours of scheduled class). Families can register online through our parent portal, or in person at the front desk.

How do I pay for classes?

Class tuition can be paid via parent portal, in person, cash app or zelle. Prices listed are for recurring payments only. There is a \$55/per person one time registration fee for all tumbling, cheer basics, tutoring, and physical educational classes. Please note, there is a 3% service charge applicable to all credit card, cash app, and electronic payments. Class tuition is due on the 1st or by the 1st day of class, whichever comes first. A \$25 late fee is applicable to all tuition payments completed after the 2nd class. There is a \$25 re-enrollment fee for two unexcused, consecutive missed classes and/or one or more non-continuous class sessions. Please note, active private classes require full payment of four sessions regardless of classes attended. No refunds.

What should my child wear for class?

We suggest participants wear any type of athletic clothing such as leotards, leggings, shorts, and etc. Please, no jeans, jewelry, or gum.

What is your ratio of children to coaches?

We pride ourselves in offering small, safe, and personable class sizes to a 10:1 ratio for ALL Tumbling, cheerleading, tutoring, and physical education programming.

What are your session dates?

Sessions are typically scheduled on 6 week cycle, which typically follow school break schedules. Schedules may differ slightly due to 5 week months, holidays, breaks, etc. There is no long term commitment, however, a 30 day cancellation notice is required for all recurring/automatic payments. 1 make up class is available for a missed class within a session within a 6 week time frame (restrictions apply). Class/Session cancellation request requires a written notice before the next class begins. No refunds.

How do I book a birthday party and/or private lesson?

Birthday parties can be booked via email, phone, or in person. We suggest reservations be placed no later than one week before requested date. Please note, there is a \$50-\$100 (depending on package selection) non refundable deposit due at the time of booking to secure any birthday party reservation that will be applied to grand total. Private lesson classes are to be booked at least 24hrs in advance via phone, on site, or email. Private lessons are forfeited and non-refundable if canceled within 24 hours of scheduled lessons. Privates must be booked in sessions of (4). No refunds.

Can we still join your classes after the session has started?

Participants can register for classes any time before and after a session has started. Please note, tuition is based on class reservation not class attendance. Session will be prorated if families join after the session has begun. No proration/refund will be granted if families decide not to finish a session.

Are your classes insured?

Yes, our business, classes, and property are all insured. Every participant must have a complete and signed release of liability waiver prior to any class participation.

SESSION SCHEDULE



Winter 2024!

TCI CHEER TUMBLE CLUB

Non Competitive Cheer Tumble Fun!

- PreK: \$99 ages 3-5
Wednesday 4:30pm
- Walkover Club (Level 1) \$135:
Wednesday 6pm
Saturday 12noon
- Handspring/Tucks (Level 2/3) \$135:
Tuesday 6pm
Saturday 12noon

PREK BEGINNER ADVANCED

**OPEN GYM:
SUNDAYS 1PM-2:30PM**

FOR MORE INFO: 614-636-1067
7020 Huntley Road Unit C.

www.tcicheer.com

CLOSED WEEKS	IMPORTANT WEEKS
November 22-27, 2023	Class Mini Showcase: Last class of every session
December 22nd-27th, 2023	October 28th, 2023 TCI Trunk or Treat
December 31. 2023-January 1st, 2024	Holiday Break/Gym Closed